- cont'd

with either a sugar scoop close to the



cats — cont'd

tion at Westerly are very high performance cats - nothing like the

Southern California, sells for about \$3.4 million, significantly less than the South African-built Gunboat 62/66s which go for \$4.1 mil-

Westerly managed to stay affoat - and even thrive - in the toughest

practicing what he preaches

H.L. Mencken once wrote, "Those who can, do. Those who can't, teach." Mencken obviously never met John Connolly, owner of Sausalito's Modern Sailing School & Club. Since joining the school as head instructor in the early '90s, Connolly has personally led 104 advanced coastal trips from the Bay to Monterey and back - that's nearly 16,000 nautical miles. And that doesn't even take into account the two round continued on outside column of next sightings page

connolly - cont'd

trips to the South Pacific on his Islander 53 Polaris, the 147 overseas ocean passage-making charters or the 200-plus classes on the Bay that he's taught. Mencken be damned - this teacher is doin' it.

Connolly started sailing on Long Island Sound on an 18-ft Pennant at the age of eight, and was singlehanding the boat by the time he was 10. "Looking back on it, I wouldn't dream of chartering a boat to a 10-year-old," he laughed, "As a matter of fact, 25 is pushing the

limit!" But things were different when Con-

John Connolly

nolly was coming up, so he and a buddy would take that little boat out and try their hardest to give their parents heart attacks, "We loved to find heavy weather," he recalled, "The Coast Guard was sent to find us twice.

Despite a passion for sailing, John didn't sail professionally until he moved to California in the late '80s. Instead, he built a career as a rock show promoter. "I was one of Bill Graham's main competitors," he recalled with a smile. "But that was many, many years ago - a story for another day.

After getting out of rock and roll, Connolly began a business that dealt in English sports cars. "During that time. I became a full me-

chanic " he said When he sold the business and moved to the West Coast to be close to his family - his parents and siblings lived in the Bay Area - that skill set landed him his first job in the marine industry as a diesel mechanic

Though he moved on to become a sailing instructor John says his aptitude for fixing things has been extremely valuable, especially on the overseas trips he started leading after buying Modern Sailing in '96. "I always bring a vast quantity of spare parts and tools, despite what the charter companies say," he noted. Unfortunately, such preparedness comes at a price. "We take them in checked bags, which cost us \$650 in extra baggage charges on the last trip to the Marquesas. It was outrageous!" But he considers that a small price for peace of mind, and says he'll continue the expensive practice.

In fact, preparedness is one of the most important things Connolly drills into his students' heads. "I tell them that when you're a skipper of a boat, you're in the risk management business. We've developed a whole series of emergency procedures, especially for the coastal trips because they have a much higher degree of difficulty due to bigger seas, fog and shipping." Part of his arsenal are methods to prevent hitting whales, and ways to slow or stop water ingress should the boat be holed, whether by whale or container.

And of course Polaris herself - aboard which Connolly lives - is meticulously outfitted for offshore work, from built-in preventers to five bilge pumps to a hardwired fog horn. "In the last 10 years, she's the only boat I've encountered on the West Coast - besides freighters - with proper automatic sound signals," John boasted,

In fact, Connolly's interest in safety prompted him to develop a device to recover unconscious overboard victims. The Lifescoop isn't practical for small boats, so Connolly - who holds a patent for the design - plans to market it to the commercial sector. He hopes success there will lead to a smaller version for recreational boaters.

Perhaps because of his obvious zeal for teaching, Connolly claims that, while many people have problems with crew, he doesn't. "Maybe continued on outside column of next sightings page

a rash of

As the world watched Abby Sunderland, 16, set out in light winds from Ma-



What a sight - Spread, John Connolly (far right) teaches students how to take a noon sight. Above, spoils from Modern's latest overseas trip to Morocco, which Connolly counts as one of his all-time favorites.



records

instruments in a knockdown," Jess wrote in her blog. Before it was all over, her S&S 34 Ella's Phik Lady would suffer three more knockdowns, one completely inverting the boat Jess was safely strapped in below, and the boat suffered surprisingly little domach.

Meanwhile, Abby's experience as th issue went to press has been the comple reverse. It seems her biggest struggle ha been keeping her Open 40 Wild Eyes mo

in irustratingly light winds.

connolly - cont'd

one or two times in all these years has someone been really annoying, on a personal test. It is no rare that it salmost never. The noted. But wouldn't he prefer to, every now and then, sail by himself or with just one friend? We keep people busy, frankly, I don't have to do a lot of work, the jokes. The salm shows the s

As for what keeps John Inspired to continue traveling around the world after 19 years, he says it's just that. "There's the experiential aspect of sailing: the wind, the waves and all that. Then there's the adventure of going places — either to new places or visiting places again that I've enloved. That's what motivates me."

Take that, Mencken.

- ladonna

