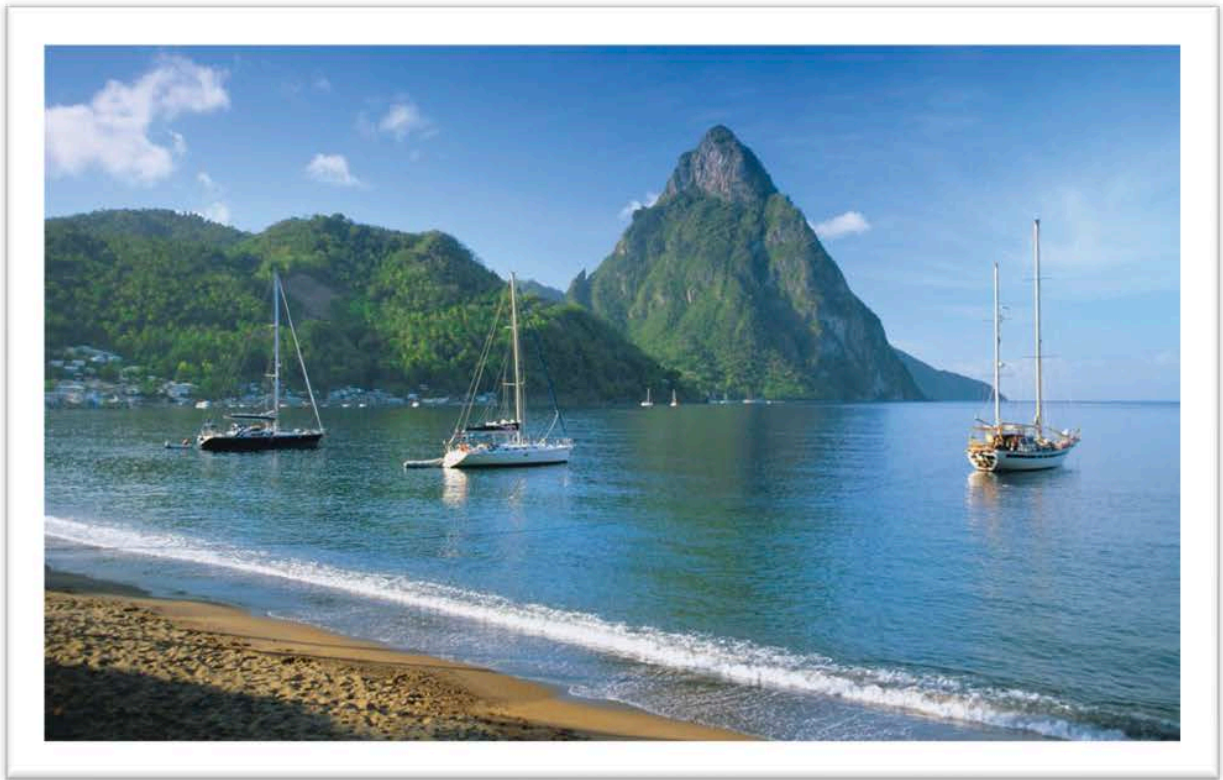


Modern Sailing Global Destinations is Proud to Present



Soufriere and the unforgettable Pitons of St. Lucia, Photo: Alamy / Robert Harding World Imagery



SAIL THE WINDWARD ISLANDS



Saint Lucia, Saint Vincent, and the Grenadines

April 13-23, 2024

**\$7,613 Single Cabin
\$8,138 Double Cabin**

Bareboat Options: \$8,508, \$10,991, \$13,519



Reserves before *October 15th*
and save *5% off* both Cabin
& Bareboat prices!

Modern Sailing School and Club

(415) 331 – 8250, modernsailing.com



**Robert Bivin, Trip Leader
TBD, Assistant Trip Leader**



SAIL THE WINDWARD ISLANDS

Discover the enchanting Windward Islands of the Caribbean with Modern Sailing School and Club's Global Destinations. Our flotilla will sail the dazzling turquoise-hued waters of **St. Lucia**, and **St. Vincent and the Grenadine** Islands from **April 13-23, 2024**. So, pack your swimsuit and breezy tropical apparel in your duffel bag and escape the doldrums of the post-holiday season and still rainy season back in San Francisco Bay. **Reserve** your **Cabin** on one of the Club Boats with a professional captain or skipper your own Modern Sailing selected **Bareboat** with family and friends, supported by the experts at Modern Sailing. We have selected a variety of boats to meet your every need.

WHY THE WINDWARD ISLANDS?



The Windward Islands are in the Southern Caribbean and offer a wonderful blend of brisk open ocean sailing with balmy temperatures, tropical trade winds, and warm, crystal-clear water year-round. The spring months provide ideal conditions for sailing and exploration. This island chain offers gorgeous beaches and an abundance of sea and shore adventures. Enjoy snorkeling off remote cays, kayaking, unique cuisine, excellent diving, and

exploring while enjoying the relaxed pace of "island time." Delight in brisk sailing on bright, sunny days over long stretches of blue water with steady trade winds filling your sails, an occasional refreshing rain squall, and picturesque rainbows.

WHY A MODERN SAILING FLOTILLA?

Modern Sailing offers expertise in all aspects of the trip and the two ways to participate. Whether you are a first-time adventurer or seasoned traveler, Modern Sailing provides you with all the benefits of a well-planned Global Destinations trip with friendly, expert captains who have destination chartering experience. Or, you can skipper your own Modern Sailings-selected bareboat with the assistance of a Modern Sailing mentor instructor to guide you from beginning to end. We will be there to help plan your trip, learn the routes, anchorages, and selection of mooring balls, and answer questions about sailing or shore activities. Take your sailing dreams to new heights as we cast off the lines and explore the Windward Islands of **St. Lucia, St. Vincent, and the Grenadines.**

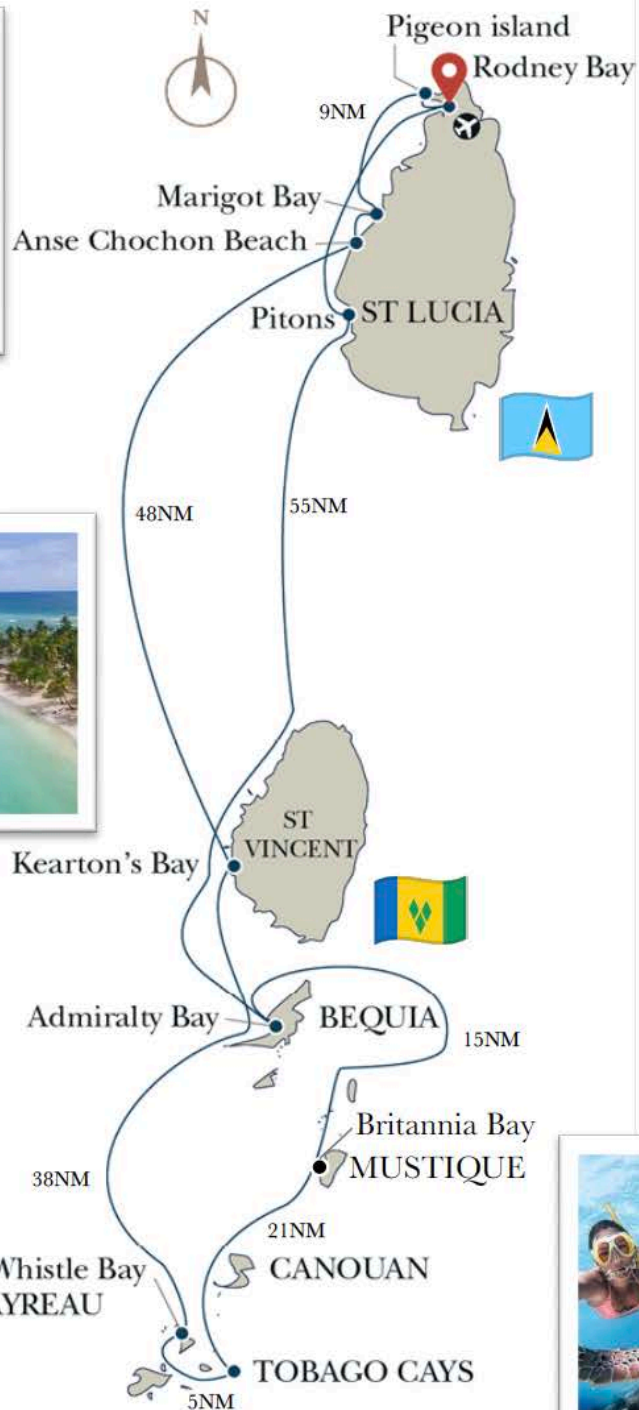
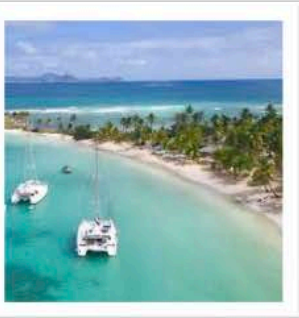


PROPOSED ITINERARY*

St. Lucia, St. Vincent, and the Grenadine Islands April 13-23, 2024



- DAY 1**
Rodney Bay
- DAY 2**
Soufriere (Pitons), St. Lucia
- DAY 3 & 4**
Admiralty Bay, Bequia
- DAY 5**
Britannia Bay, Mustique
- DAY 6**
Tobago cays
- DAY 7**
Salt Whistle Bay, Mayreau
- DAY 8**
Kearnton's Bay, St. Vincent
- DAY 9**
Marigot Bay, St. Lucia
- DAY 10**
Pigeon Island, St. Lucia



"The tan will fade, but the memories will last forever."
—Unknown

*Upon the Trip Leaders judgement, the itineraries are subject to change based on sea state, weather conditions, anchorages.

The itinerary is designed around typical weather conditions in the Windward Islands for April but may be adjusted based on local conditions and weather patterns. The Trip Leader will make prudent decisions based on wind, weather, and sea state to ensure a safe and enjoyable trip. The Windward Islands' sailing conditions are classified as a Level 3 Sailing Destination. In perspective, the British Virgin Islands and Croatia are Level 1 and Greece Level 2, where Level 2 being more challenging than Level 1 on this scale. With MSC's highly experienced captains (who are also ASA Instructors) providing the planning, navigation and coaching, the bareboat option in these incredible waters is obtainable and straightforward.

We will visit a host of islands, each with unique characteristics. The Windward Islands flotilla is designed around the vacation cruising and charter lifestyle. The islands offer a variety of dining, snorkeling, diving, island touring, hiking, and shopping activities. The primary economy in the islands is charter tourism. The itinerary includes a combination of sailing with longer (up to 55 NM) and shorter (5-30 NM) stretches and some reefs to hone your navigation skills.

This is a flotilla, and the goal is to have all boats follow a similar route and plan. Part of the adventure is connecting to other boats and members. We have often had a rotating happy hour in the evenings. Each boat can take a turn hosting one night and we all dinghy over to enjoy snacks and drinks after anchoring up. There may be need and/or opportunities to anchor up in different locations or visit different sites based on conditions or interests. Options will be coordinated through the Trip Leader on a case-by-case basis.

Here is the day-by-day plan with a short description of the destination for each of the proposed stops and ideas on what is available to do while we're there.

DAY 1 – Saturday, April 13: Arrive at SunSail Base, Rodney Bay



You'll check in at the Sunsail base in Rodney Bay, in the afternoon and meet your other crew mates. We will have a Modern Sailing welcome reception and check-in to the boats at 5:00 PM.



We'll settle in for the evening, and the following morning, we'll complete final inventory. The crew will split duties. Some will inventory and store the provisions, while others visit the local markets for items that were not pre-ordered, while the Trip Leader, Assistant Trip Leader and Bareboat Skippers will attend the chart, weather, and safety briefing.

DAY 2 – Sunday, April 14: Rodney Bay to Soufriere (Pitons) ~20nm

We will complete the final check-out on the boat and get the crew ready to sail. We'll depart Rodney Bay and turn south, sailing down the coast with the deep blue of the Caribbean on your starboard side and the lush tropical flora rising-up the steep hillsides of this beautiful island paradise. This is a good "shakedown cruise" for the crew to get used to the boat under sail. As we proceed down the coast at **Anse La Raye**, we will stop for a lunch break along a quiet sand beach and go for a swim or snorkel. We will then enjoy a leisurely downwind sail to proceed farther south and arrive in **Soufriere Bay** where we will pick up a mooring ball for the evening.

3hr
Sailing Time



Things To Do

There are many restaurants and things to do along the shore and in the town of Soufriere: Sulfur Springs, the volcanically heated waters of Diamond Baths and its surrounding tropical gardens, or guided hiking tours in the rain forest.

DAY 3 – Monday, April 15: Soufriere to Admiralty Bay, Bequia ~ 55nm

10hr
Sailing Time



Not quite your typical Monday, but an early day all the same. After spending the night resting under the majestic view of the Pitons, we will raise sails with the sunrise. Heading south to Admiralty Bay, Bequia, this will be our longest sailing day during the trip. On a beam to broad reach with seas on our quarter, this is the perfect leg for your crew to get their sea legs.

We'll take a mooring ball for the evening, where it will be a quick trip to the shore and the dinghy dock. We'll also need to clear in with customs and get another stamp in our passports.

Things To Do

When cruising into Admiralty Bay you'll see at the head of the harbor little hotels, a variety of shops, boutiques, food markets, a bookstore, as well as too many bars and restaurants to mention. For those seeking a bit of pampering after the long day of sailing, get a massage at Jack's Spa & Beauty Salon, or perhaps a hike along the beaches or the trails in the hills of Mount Pleasant.

DAY 4 – Tuesday, April 16: Layover Day

After the long sail the day before, spend the day relaxing on “the big little island” of Bequia, which has a unique, magical charm that is hard to find anywhere else in the Caribbean. Take the day to unwind and sit on the boat in the protected bay, stroll along the main street of this old whaling port, or venture out on an island tour with stunning vistas and a visit to the Old Hegg Turtle Sanctuary and Bequia Maritime Museum.

Enjoy the hospitality of the local people and spend the afternoon at a beachside bar to relax and take it all in. Meet the locals and chat with cruisers as you let the day gently wind down. After the sunset, relax under the palms and order a casual dinner while a steel drum band plays the rhythms of the Caribbean.



DAY 5 – Tuesday, April 17: Admiralty Bay, Bequia to Britannia Bay, Mustique ~ 15 nm

Now that we have our sea legs, we'll continue our voyage south, seizing the winds and round Bequia's southernmost point before turning east for a lunch stop at the tiny palm covered island of **Petit Nevis** for lunch and more beach time. Then sailing on to **Mustique**, which is known as the island of royals, and the rich and the famous. In Britannia Bay we'll pick up a mooring ball and settle in for the afternoon and overnight there.



Things To Do

Besides mixing with the rich and famous in different bars and restaurants with regular live music entertainment, e.g., Basil's, you may elect to take a stroll on one of the white-sand beaches or taking advantage of one of the finest equestrian centers in the Caribbean and go for an island tour on horseback!



DAY 6 – Wednesday, April 18: Britannia Bay, Mustique to Tobago Cays ~21 nm



3.5hr
Sailing Time

Continuing south, we'll make a lunch stop at anchor in the crystal-clear water of **Charlestown Bay on Canouan Island** and perhaps enjoy some of the best snorkeling in the region in the nearby **Rameau Bay**, before sailing on to the deserted isles of **Tobago Cays**. There we'll pick up a mooring ball within the Marine Park and enjoy the breathtaking beauty of untouched landscape and one of the premier snorkeling and diving locals within the Grenadines and the entire

windward chain. For that matter, it will be no surprise that **Tobago Cays** is considered a highlight of exploring these waters.

Things to do

Snorkel, swim, sunbathe, and relax in unspoiled beauty. Observe the sea turtles at the sea turtle-watching area on Baradel. Contact one of the local dive companies to go scuba diving. We'll likely BBQ on the boat for dinner and take in the sunset and surrounding beauty or perhaps line up a vendor for a beach barbecue (beach barbecues are regulated to protect the park).

DAY 7 – Thursday, April 19: Tobago Cays to Salt Whistle Bay, Mayreau ~5nm



1hr
Sailing Time

We'll make a short sail west from Tobago Cays over to **Salt Whistle Bay, Mayreau Island**, navigating our way through the reef system that is prominent in this area. We'll drop anchor in a lovely and magnificent halfmoon shaped and the palm-fringed sweeping white sandy beach of Salt Whistle Bay. The whole of Mayreau island is rimmed

with pristine beaches and offer a spectacular view from the little village at the top of the hill to make for a spectacular sunset or sunrise in the morning!

Things To Do

Explore this beautiful .46 square mile island ashore, climb to the summit for the stunning views and watch the almost tame iguanas and land tortoises lumbering around. You can also just relax on the beach or enjoy one of the charming bars serving beach food and drinks.



DAY 8 – Friday, April 20: Salt Whistle Bay, Mayreau to Kearton’s Bay, St. Vincent ~38 NM

We’ll weigh anchor from **Salt Whistle Bay** and set sail now on a northbound course for 48NM open ocean sailing to **St. Vincent**. There, we’ll pick up a mooring ball in Kearton’s Bay, which is one of St. Vincent’s hidden gems. With a quiet beach of black volcanic sand, this pretty bay offers get-away-from-it-all charm amidst the dramatic landscapes that St. Vincent is known for.



Things to do

Sunbathe and enjoy excellent snorkel conditions or enjoy a walk along the beach of black volcanic sand or take in the views from the seaside café where you can recharge your batteries. There are also hiking possibilities too.

DAY 9 – Saturday, April 21: Kearton’s Bay, St. Vincent to Marigot Bay, St. Lucia ~48 NM



Now that we have our sea legs, we will venture out across the St. Vincent channel on a beam reach to a close reach depending on wind direction, heading north back to St. Lucia to enjoy a larger slice of paradise. We’ll pick up a mooring ball in the sheltered anchorage of Marigot Bay. The town is full of picturesque beauty and charm and the recent development here has been sympathetic, in keeping with the

local wooden vernacular architecture. Marigot Bay is home to several classic Caribbean bars and restaurants that can be counted on to extend you a very warm welcome.

Things To Do

The bay is home to many resorts, restaurants, and bars as well as an array of outdoor activities such as snorkeling and kayaking. With its picturesque scenery, vibrant nightlife, and diverse cultural attractions, Marigot Bay has a lot to offer.

DAY 10 – Sunday, April 22: Marigot Bay, St. Lucia to Pigeon Island, St. Lucia ~9 NM



After the previous two full days of sailing, we'll have a relatively short and pleasant sail north to Pigeon Island, which is an ideal place to overnight in a sheltered anchorage along a wave-lapped white sand beach.

Things to do

The waters of Pigeon Island are clear and calm, perfect for swimming and snorkeling, while on shore you'll find a variety of restaurants, bars, and resorts to explore. Though, you may

want to hike through the Pigeon Island National Park for spectacular views across Rodney Bay to the peaks beyond.

DAY 11 – Monday, April 23: Rodney Bay, Marina – Disembark and Farewell

After a light breakfast, we make a short sail back to the base in Rodney Bay where we will disembark from our yachts. We reflect on adventure among some of the most beautiful islands in the world. Having created a lifetime of memories of sailing adventures, tropical sunsets, and new friends, we will each make our own arrangements for a few days layover or return to the states.

"Dear tropical island, I think about you all the time." —Unknown



"The tan will fade, but the memories will last forever." —Unknown

SKIPPERED CLUB BOAT #1

Sunsail 454L Premium Catamaran



| |
|--------------------------|
| Length Overall: 45ft 0in |
| Beam: 24ft 2in |
| Draft: 4ft 11in |
| Fuel Capacity: 185 gal |
| Water Capacity: 206 gal |
| Engines: Yanmar (2) 45hp |

The Boat and Accommodations

Sunsail 454L (Lounge) Catamaran combines all the effortless fun of multihull sailing with unmatched speed, stability, space, and comfort. This revolutionary catamaran uniquely balances comfort, space, and a sailing performance unrivaled by most catamarans.

- 4 stateroom cabins with en-suite shower with separate heads (toilets), hanging locker, air conditioning and fan in each cabin.
- Elegant and practical, with huge interior volume for a yacht of its size, with headroom throughout.
- Roomy saloon and modern galley convey total comfort!
- Generator powered air conditioning and leading-edge water maker, with LED lighting throughout.
- Upper deck lounge for open-air living aboard with 360-degree views.
- Overhead skylight, large hull windows and even has ambient under water blue lights that give off an attractive glow at night.
- Outdoor shower and swim platform for easy access in and out of the water and dinghy.



SKIPPERED CLUB BOAT #2

Sunsail 424 Premium Catamaran



Length Overall: 41ft 7in
Beam: 23ft 1in
Draft: 4ft 7in
Fuel Capacity: 158 gal
Water Capacity: 174 gal
Engines: Yanmar (2) 45hp

The Boat and Accommodations

Multihull of the year in 2022, the Sunsail 424 Premium Catamaran is a mid-size 4-cabinsailing vessel that is perfect balance of cruising performance and onboard comfort in this next-generation catamaran.

- 4 stateroom cabins with en-suite shower with separate heads (toilets), hanging locker, air conditioning and fan in each cabin.
- Elegant and practical, with huge interior volume for a yacht of its size, with headroom throughout.
- U-shaped forward-facing modern galley with a roomy interior features and skylight.
- Generator powered air conditioning and leading-edge water maker, with LED lighting throughout.
- Upper deck lounge for open-air living aboard with 360-degree views.
- Overhead skylight, large hull windows and even has ambient under water blue lights that give off an attractive glow at night.
- Outdoor shower and swim platform for easy access in and out of the water and dinghy.



SKIPPERED CLUB BOAT #3 or BAREBOAT OPTION #1

Sunsail 454 Classic Catamaran



Length Overall: 45ft 0in
Beam: 24ft 2in
Draft: 4ft 11in
Fuel Capacity: 185 gal
Water Capacity: 206 gal
Engines: Yanmar (2) 45hp

The Boat and Accommodations

Sunsail 454 Catamaran combines all the effortless fun of multihull sailing with unmatched speed, stability, space, and comfort. This revolutionary catamaran uniquely balances comfort, space, and a sailing performance unrivaled by most catamarans.

- 4 stateroom cabins with en-suite shower with separate heads (toilets), hanging locker, air conditioning and fan in each cabin.
- Elegant and practical, with huge interior volume for a yacht of its size, with headroom throughout.
- Roomy saloon and modern galley convey total comfort!
- Generator powered air conditioning and leading-edge water maker, with LED lighting throughout.
- Upper deck lounge for open-air living aboard with 360-degree views.
- Overhead skylight, large hull windows and even has ambient under water blue lights that give off an attractive glow at night.
- Outdoor shower and swim platform for easy access in and out of the water and dinghy.



BAREBOAT OPTION #2

Sunsail 47 Classic Monohull



Length Overall: 46ft 1in
Beam: 14ft 8in
Draft: 5ft 5in
Fuel Capacity: 63 gal
Water Capacity: 168 gal
Engine: Yanmar 57hp

The Boat and Accommodations

The 3 cabin and 3 head SunSail 47 Classic Monohull is graceful offshore cruiser with exceptional interior and deck plan designed with ease of handling as priority.

- Forward double centerline berth, en-suite separate shower and head.
- 2 aft cabins with double berth with en-suite head / shower with access from cabin and saloon.
- Hanging locker, dockside A/C and fan in each cabin with ample storage and LED lights throughout.
- Bow thruster to aid in close quarter maneuvering, bimini and dodger with dual helms.
- 425ah House battery bank, plus 2 x 75w solar panels providing ample power at anchor.
- Long modern galley, equipped with a 3-burner stove with oven, 175L fridge and 80L freezer.
- Outdoor hot/cold shower and step-down transom for easy access in and out of the water and dinghy.



BAREBOAT OPTION #3

Sunsail 44 Premier Monohull



Length Overall: 45ft 1in
Beam: 14ft 4in
Draft: 6ft 8in
Fuel Capacity: 63 gal
Water Capacity: 163 gal
Engine: Yanmar 54hp

The Boat and Accommodations

The 3 cabin and 3 head Sunsail 44 Premier Monohull, built by Jeanneau, is a high-performance cruising yacht built for comfort and designed for sailors looking for a blue-water yacht that combines excellent equipment and great performance with an expansive cockpit that is an elegant yacht to sail.

- Forward double large centerline berth, en-suite separate shower and head.
- 2 aft cabins with double berth with en-suite head / shower with access from cabin and saloon.
- Hanging locker, fan in each cabin with ample storage and LED lights throughout.
- Large cockpit, with bimini and spray hood with dual helms.
- Long modern galley, equipped with 2-burner stove with oven, 175L fridge and 85L icebox.
- Outdoor shower (cold) and Stainless-steel folding swim ladder with transom protection.



TRAVEL ARRANGEMENTS

You are responsible for booking your own airfare. Airfare pricing is presently running \$600 to \$1000 per person. If you would like to use a travel agent to book your flights, we suggest Bob Entwisle at E&E Travel, (415) 819-5665, or email bobetravels@gmail.com. If you plan on arriving early or spending a few extras at the conclusion of the voyage, there are many lodging options available on St. Lucia.

WHAT TO BRING

Passport

We will be traveling to St. Lucia, St. Vincent, and the Grenadines. There is no visa required for US citizens but check with your state department if you are traveling from a different country. Please ensure your passport is current and will not expire for at least six months after the conclusion of trip.

Luggage

We suggest traveling light. Your gear should fit in a medium duffel bag and a small carry-on bag. Your carry-on should be less than 15 pounds. We recommend using a dry bag or backpack. Both bags should be collapsible for easy storage on the boat in small space. Do not bring bags with hard frames as they are difficult to stow.

Gear

We have found that people often only use about half of what they bring. A great way to bring only what you use is to lay all your items out and reduce it by 50%. Lay them out again and then reduce again. Gear weight depends on weather conditions of course, but lightweight layering pieces made of moisture-wicking fabric that will dry quickly is essential. Your total gear weight should be less than 55lbs, including carry-on.

Sun conditions can be very different than in San Francisco Bay. Consider lightweight clothing that covers exposed areas without adding bulk or weight. There are a variety of lightweight pants, shirts, and blouses that provide UV protection. Sunscreen and hats are essential.

What Not To Bring

Different states and countries have different travel rules, regulations, and considerations. If you have specific questions about an item, ask us. Some general items you should **not** bring are illegal drugs, weapons, hair dryers, expensive jewelry, pets, rigid suitcases, surfboards, golf clubs (it has happened), fireworks, and dive tanks. Linens, towels, and pillows are provided on each boat and are not necessary to bring.

Considerations

The charter base will have a variety of snorkel gear and equipment to choose from. These items are included in the cost of the trip. Again, you are more than welcome to bring your own. Keep in mind that these items tend to be bulkier and heavier. A reasonable compromise may be to bring your own mask and snorkel and use the fins provided on board.

There are PFDs (lifejackets) are provided onboard the boat, however, you are more than welcome to bring your own. Note that inflatable PFD can be problematic at TSA checkpoints.

Suggested Packing List

| <u>CLOTHING</u> | <u>NON-CLOTHING</u> |
|--|--|
| <ul style="list-style-type: none">• Quick-dry t-shirts, sun shirt• Shorts w/zipper pocket• Swimsuits and cover-ups• Sweater or fleece jacket• Deck shoes, water shoes, reef shoes, or sandals (they will get wet)• Hiking shoes for exploring beyond the shore• Long sleeve shirt for snorkeling• Lightweight rain jacket/pants• Extra towel (microfiber quick-dry)• Long and short pants• Casual evening attire | <ul style="list-style-type: none">• Passport (copies)• Cash• Sunscreen• Insect repellent• Polarized sunglasses (2 pairs)• Camera or smart phone• Personal hygiene items• Medications with prescriptions• Special dietary Items• Flashlight and batteries• Dry bag and backpack• ZipLock bags• Bio-degradable soap/shampoo• Electronics with chargers• Sailing gloves |

WEATHER

The weather in the Windward Islands is beautiful year-round. The month of April is characterized by an average high temperature of 87°F with a low temperatures average 74°F, although there can be a chill in the air when it rains.

The Windward Islands have two seasons, and the most common forms of precipitation are brief squalls or thunderstorms. March and April are least rainy months of year with 3.5" of per month and an average of 10 days per month with some precipitation. The islands will still be lush and green at this time of the year.

The average water temperature in April is a warm and inviting 81°F, so plan on enjoying the water with the more than 8 hours of daylight this time of year.



WIND CONDITIONS, CURRENTS and TIDES

In April, trade winds are out of the east at 10-25 knots and can occasionally get stronger, building to 30 knots. Strong winds may impact our itinerary. It is usually an easy sail south and north, with the generally consistent trade winds out of the east. If conditions are windier than average, we may shift our itinerary to accommodate the conditions.

GALLEY AND PROVISIONING

Provisioning will be discussed at the crew meeting. Initial menus will be made for staples. Provisioning for breakfast, lunch, and snacks will be done in advance through the charter company and are included in the cost of the trip for the skippered boats. We will assist bareboat skippers in planning for their charters. Additional provisioning will depend on crews' desires. Final provisioning will be completed once we arrive at the base in Rodney Bay, St. Lucia.

Rodney Bay, St. Lucia has several full-service markets and there are a variety of small shops for provisioning needs. Each skipper will work with participants to select items to appeal individual tastes on board. It is a charming experience to wander through a Caribbean grocery store and see what fresh specialty items are available. Recognize that all retail goods must be shipped to the islands, so costs can be higher than you might expect.



Each boat is fully equipped with:

- Three-burner gas stove and oven with outdoor charcoal grill
- Refrigerator with separate freezer drawer
- Comfortable salon seating area
- Storage cabinets for provisions
- Cooking pots and pans

The crew will decide on how many meals they plan on eating ashore and provision accordingly. Food and beverage costs vary based on individual crews' desires. Breakfast, lunch, snacks, and one dinner will be provisioned through SunSail on club boats. Additional meals will be decided upon and purchased as a collective by the crew, depending on tastes.

Global Destinations recognizes that people have different experiences and tastes in personal beverages (alcohol) and provisioning time will be provided for members to make their own purchases. One or two crew members are assigned to stowing the provisions.

While galley duty is a shared responsibility, those who inventory the provisions can help others to find stored items. Each boat will set up their own cooking and cleaning schedules based on crew expectations and experience.

Special Dietary Needs

The Trip Leader and Skippers will consult with participants at crew meeting regarding advanced provisioning. This is your opportunity to let them know if you have specific dietary needs or restrictions. We can plan to accommodate you. If there are unique items you desire, you will have time to purchase them during the provisioning trip.

Breakfast

Breakfast will typically be between 7:00 AM to 9:00 AM each day on club boats, with flexibility based on the itinerary, group, and individual desires. We have enjoyed full course breakfasts, complete with bacon, eggs, et cetera. We have also enjoyed granola bars and fruit, depending on the crew.

The goal is to meet your needs so you will have energy to enjoy the rest of your day.



Lunches

Lunches are very casual with no set schedule. They can be soup and sandwiches, salads, veggie sticks, or local fare. Lunch is often served under way and conditions may dictate what we have on a particular day. If the crew agrees, and a nice lunch spot is found, we can dinghy ashore to eat at a local restaurant or picnic on the beach.

Snacks

Snacks are always a very personal thing and whatever the crew desires. Sometimes they can be chips and salsa or cheese and crackers. Fresh fruit and nuts are always good (and delicious), as they require little to no preparation and help maintain energy.

Dinners

Dinners provide the most flexibility. We can choose to relax on board, cook and watch the sunset, or go ashore and sample the local culture and cuisine. When we make provisioning plans, at least one dinner meal on board needs to be included so that if we find a secluded anchorage and decide not to move, we can remain to enjoy the peace and serenity. The local watering holes and restaurants lend to much of the Caribbean's charm. If available, eating lobster on the beach is a must-do activity.

Dinner Ashore

If we choose to go ashore in the evening, meal costs will be the responsibility of each person. Usually, most establishments will be willing to split checks. Be sure to carry some cash with you as small "mom and pop" places only accept cash.

Perishables

Over the years, we have discovered that some items have a very short shelf life in the marine environment. We will try to anticipate this by acquiring the fewest possible perishables and restock en route. Often, we come across fresh fish on the docks or at open markets. There is nothing as delicious as fresh seafood caught that very day.

Where to go to get your questions answered about Modern Sailing Global Destinations and Sail Windward Islands – 2024?

Contact Modern Sailing at (415) 331-8250 or office@modernsailing.com. There will also be an information session hosted at Modern Sailing with the CEO and Trip Leader and Assistant Leader September 14, 2024, and in November via Zoom for those that cannot attend in person. The specific dates and times for these sessions will be posted in the Modern Sailing weekly email newsletter.

Cabin and Bareboat prices*

| Occupancy | Early Pricing** | Standard Pricing |
|---|------------------------|-------------------------|
| <i>Cabin – Single Occupancy</i> | \$7,250 | \$7,613 |
| <i>Cabin – Double Occupancy</i> | \$7,750 | \$8,138 |
| <i>Bareboat – Sunsail 424 Catamaran</i> | \$12,876 | \$13,519 |
| <i>Bareboat – Sunsail 44 Premier Monohull</i> | \$10,468 | \$10,991 |
| <i>Bareboat – Sunsail 47 Monohull</i> | \$8,103 | \$8,508 |

*A deposit of 50% of your cabin choice is due at time of enrollment. Remaining balance is due January 10, 2024.

**Early Pricing ends October 15, 2023.

How to reserve and book your Cabin or Bareboat and take advantage of the VIP Early Pricing?

Contact Modern Sailing at (415) 331-8250, office@modernsailing.com, or stop by in person at either of our locations.

Modern Sailing Sausalito - 2310 Marinship Way, Sausalito, CA 94965

Modern Sailing Berkeley - 1 Spinnaker Way, Berkeley, CA 94710