



GREECE – AEGEAN SEA

Global Sailing Destinations

Leg 1: September 17 – 27, 2016

Leg 2: September 28 – October 8, 2016



Modern Sailing School and Club

(415) 331 – 8250

Michael Severson, General Manager

Leigh Hunt, Trip Leader

THE BOATS—Sunsail51+



Number of Berths – 8
Number of Cabins – 4
Number of Heads – 4
Number of Showers – 4
Engine– 75 hp Yanmar
Length Overall – 50.4 Feet
Beam – 15.4 Feet
Draft – 5.64 Feet
Sail Area – 370 ft²



Description of the Boat

- Large cockpit table with storage compartments and icebox
- Double Helm each equipped with a steering compass
- 6'4" headroom in galley and salon
- 4 cabins with hanging lockers, storage cabinets
- Ensuite heads
- 2 AC power outlets in each cabin. US electrical outlets 110 v 60 cycle two prong.
- LED lighting throughout
- Outdoor shower on transom swim steps.
- A Yanmar 75hp engines with 3 blade fixed props and 63 gallon fuel capacity
- Raymarine Instrument Panel: TriData (wind, speed, depth), VHF radio, autopilot, chartplotter with GPS in cockpit
- Bow Thruster

Sleeping Accommodations

- Wall mounted fan
- Hanging locker
- Storage with shelving
- LED Reading Lamps and LED Overhead Lights
- 6'1 to 6'5 Maximum Head Room
- Bed linens and pillows included

TRAVEL ARRANGEMENTS

You are responsible for booking your own airfare. Based on our research, airfare will likely be about \$1200 to \$1600 per person.

If you would like to use a travel agent to book your flights, we suggest Sandra Marron at Millennium travel. Her number is (415) 898-7974.

WHAT TO BRING

Luggage

We suggest traveling light. Your gear should fit in a medium duffel bag and small carry-on bag. Your carry-on should be less than 15 pounds – we recommend using a dry bag or backpack. Both bags should be collapsible for easy storage on the boat in small space. Please do not bring bags with hard frames or rolling wheels as they are difficult to stow.

Gear

We have found that people often only use about half of what they bring. A great way to bring only what you use is to lay all your items out and reduce it by 50%. Lay them out again and then reduce again.

Gear weight depends on weather conditions of course, but light weight clothing that is layered and wicks well to dry fast is essential. Your total gear weight should be less than 55lbs including carry-on.

Sun conditions can be very different than in San Francisco bay. You should consider lightweight clothes that cover exposed areas without adding bulk or weight. There are a variety of lightweight pants/slacks, shirts/blouses that are UV protected. Sunscreen and hats are essential.

Suggested Packing List

<u>Clothing</u>	<u>Non-Clothing</u>
<ul style="list-style-type: none">• Quick-Dri T-shirts, sun shirt• Shorts w/ zipper pocket• Swim Suits• Sweater or fleece jacket• Foul Weather Gear• Inflatable PFD with Harness• Deck shoes, water shoes, Reef shoes, or sandals (they will get wet)• Hiking shoes for exploring beyond the shore• Long sleeve shirt for snorkeling• Rain Gear for boat & ashore• Sailing gloves• Extra Towel (Microfiber Quick dry)• Long Pants• One nicer outfit for evenings ashore	<ul style="list-style-type: none">• Passport (copies)• Cash• Sunscreen• Insect repellent• Sunglasses (2 pairs)• Camera• Personal hygiene items• Medications with prescriptions• Special Dietary Items• Flashlight/Batteries• Clothes pins• Dry Bag & Backpack• ZipLock bags• Bio-degradable soap/shampoo• Electronics with chargers• Electronic adapters for boats

What not to bring:

Different states and countries have different travel rules, regulations and considerations. If you have specific questions about an item, ask us. Some general items you should **not** bring are illegal drugs, weapons, hair dryers, expensive jewelry, pets, rigid suitcases, surf boards (it has happened), fireworks and dive tanks.

Linens, towels and pillows are provided on boat and not necessary to bring.

Considerations

There are lifejackets on board the boat, however, you are more than welcome to bring your own.

The charter base will have a variety of snorkel gear and equipment to choose from. These items are included in the cost of the trip. Again, you are more than welcome to bring your own. Keep in mind that these items tend to be bulkier and heavier. A reasonable compromise may be to bring your own mask and snorkel and use the fins provided on board.

WEATHER

The months of September and October are characterized by falling daily high temperatures, with daily highs decreasing from 80°F to 75°F over the course of the two months, exceeding 85°F or dropping below 70°F only one day in ten. Daily low temperatures range from 67°F to 72°F, falling below 63°F or exceeding 75°F only one day in ten.

Most days are clear with the median cloud cover ranging from 31% (mostly clear) to 40% (mostly clear). The most common forms of precipitation are thunderstorms and light rain. Rain averages 6% of the days in September and 8% in October. Relative humidity typically ranges from 52% (mildly humid) to 87% (very humid) over the course of this time period, rarely dropping below 38% (comfortable).

The weather data are based on the average temperatures in September and October from historical records from 1998 to 2012 for the island of Mykonos.

WIND CONDITIONS

In September and October typical wind speeds vary from 7 mph to 24 mph (light breeze to fresh breeze), rarely exceeding 31 mph (high wind).

The *highest* average wind speed of 17 mph (moderate breeze) occurs around September 1, at which time the average daily maximum wind speed is 24 mph (fresh breeze).

The *lowest* average wind speed of 14 mph (moderate breeze) occurs around October 15 at which time the average daily maximum wind speed is 19 mph (fresh breeze).



PROVISIONING AND GALLEY

- 2 burner cooker and oven with grill function
- 46 US gal. / 175 l fridge with front access, 12 v compressor
- 21 US gal. / 80" icebox with front access
- Upper storage cabinets with storage
- Microwave



Provisioning will be discussed at the crew meeting and initial menus will be made for staples. Depending on the crew preferences, provisioning for basics can be done in advance through the charter company. The crew will complete final provisioning once they arrive in Zea.

Zea has several markets and small shops for provisioning needs. Each Skipper will work with the participants to select items for individual tastes on board. Provisioning for breakfasts, lunches and snacks will be done by the group as a whole and the cost for the initial provisioning is split between everyone. It is a great bonding experience to wander through a grocery store and see what specialty items they have. There will be opportunities to provision other necessities enroute at small stores on various islands. Recognize once you leave the mainland all commercial goods must be ferried to the islands which decreases availability and increases costs.

The crew will decide on how many meals they plan on eating ashore and provision accordingly. Costs vary based on individual crews, but breakfast, lunch and snacks usually average between \$25 and \$35 per person per day depending on tastes.

Global Destinations recognizes that people have different experiences and tastes in personal beverages (alcohol) and provisioning time will be provided for members to make their own purchases.

One or two crew members are assigned to stowing the provisioning items. This does not mean they will have galley duty the whole trip, but will help guide others to find items without unpacking everything.

Special Dietary Needs

Skippers will be consulting with participants regarding partial provisioning. This is your opportunity to let them know if you have specific dietary needs or restrictions. We can plan ahead to accommodate you. If there are unique items you desire you will have time to purchase them during the provisioning trip.

Breakfast

Breakfast will be around 8:00 to 9:00 each day and is flexible based on the group and individual desires. We have enjoyed full course breakfasts, complete with bacon, eggs, etc. We have also enjoyed granola bars and fruit, depending on the crew.

The goal is to meet your needs so you can enjoy the rest of your day.

Lunches

Lunches are very casual with no set schedule. They can be soup and sandwiches, veggie sticks, or local fare. Lunch is often served under way and conditions may dictate what we have on a particular day. If the crew is in agreement, and a nice lunch spot is found, we can dingy to a meal ashore eating at a tavern or picnic on the beach.

Snacks

Snacks are always a very personal thing and whatever the crew desires. Sometimes they can be chips and salsa, or cheese and crackers. Fresh fruit and nuts are always good (and delicious) as they are easy snacks and help maintain energy.

Dinners

Dinners provide the most flexibility. We can choose to relax on board, cook and watch the sunset, or go ashore and sample the local culture and cuisine. When we make provisioning plans, one dinner meal on board needs to be included in case we find a secluded anchorage and decide not to move, but enjoy the peace and serenity.

Dinner Ashore

If we choose to go ashore in the evening, meal costs will be the responsibility of each person. Usually most establishments will be willing to split checks. Be sure to carry some cash with you as small “mom & pop places” are sometimes on a cash only basis.

Perishables

Over the years, we have discovered that some items do not particularly like a marine environment and seem to have a very short shelf life. We will try and anticipate and get the fewest possible perishables and restock in route. Often times we come across fresh fish on the docks or at open markets. There is something special and nothing as delicious as fresh seafood caught that very day.

PROPOSED ITINERARY

The first leg will explore the Argo Saronic Gulf Islands, an archipelago in the Saronic Gulf and Peloponnese Coast South and East of Athens. The clear waters, bountiful coves and protected marinas make excellent sailing for those who wish to make shorter passages and explore the culture and antiquities of Ancient Greece. The passages will average 15nm per day with a layover on Hydra off the tip of the Peloponnese Peninsula.

Our second leg, the Cyclades Islands, will be more challenging sailing with longer passages each day averaging 25nm. We will explore a host of islands each with a different cultural and geographical feel. We will visit high tourist destinations and also explore islands more nestled in the daily routines of Greek life. We will offer a combination of (ASA 104) Bare Boat Chartering and (ASA 105) Coastal Navigation associated with Greek Islands. The Coastal Navigation course will be offered in a classroom setting prior to traveling to Greece to fully prepare you to chart your way through the islands while gaining your certifications.

For additional questions contact Michael Severson at 530-304-0662, or michaels@modernsailing.com

DETAILED PROPOSED ITINERARY* LEG 1

THE ARGO-SARONIC ISLANDS

DAY 1–September 17: Zea

Check in on boats – at 6pm, Welcome Reception

DAY 2–September 18: Zea to Sounion, 35nm

Tranquil Bay for overnight

Morning visit to Temple of Poseidon

DAY 3–September 19: Sounion to Aigina, 22nm

Sail across the Saronic Gulf to the pine covered island of Aignia.

Take a horse drawn cart to explore the Venitian Towers and churches of this neo-classical city.

Towering above the busy port is the Temple of Aphaia, one of the best preserved temples.

DAY 4–September 20: Aigina to Poros, 13nm

The town of Poros climbs the hills above the harbor to the clock tower overlooking the city and straits.

On the outskirts, visit the Temple of Poseidon near the Kalavria.

DAY 5–September 21: Poros to Hydra, 12nm

Hydra is one of Greece's most exclusive resort islands. With a strong sense of preservation, the city maintains charm with a ban on motor vehicles. Ride a donkey cart through Hyrda and explore the museums, mansions and churches.

DAY 6 – September 22: Hydra (Lay Over Day)

Land Tours, Shopping, Beach Day, Archeological Ruins

DAY 7–September 23: Hydra to Spetes, 21nm

Spetes town runs along the coast for 2km with a host of fine museums to explore. Small cafes line the quay of this ancient harbor city. Spetes boasts fine pebble beaches that rim the lush island.

DAY 8–September 24: Spetes to Dokas, 11nm

Quiet and serene, a large bay with small coves dot the shore of this small island. Small cafes welcome visitors.

Clear waters are excellent for diving and snorkeling.

DAY 9–September 25: Dokos to Methana Penninsula, 35nm

Small fishing villages dot the coastline of this peninsula. Enjoy secure anchorages and small tavernas.

Watch shepherds guide their flocks in the nearby hills.

DAY 10 – September 26: Methana Penninsula to Salamis, 16nm

Spend your last day at the quay in Salamis.

Enjoy the evening relaxing in small tavernas enjoying local seafood and charm.

DAY 11 – September 27: Salamina to Zea, 9nm

End your journey with a short sail back to Zea.

Clean and disembark boats at 1000.

Transport to Athens or airport

***Itineraries are subject to change based on sea/weather conditions and anchorages and may be adjusted based upon Trip Leaders judgment.**

DETAILED PROPOSED ITINERARY* LEG 2

THE CYCLADES ISLANDS

ASA 104/105 (Optional, Additional cost)

DAY 1– September 28: Arrive in Zea

Check in on boats at 1:00 - Provision Boats

Welcome Reception at 5:00

DAY 2– September 29: Zea to Sounion, 35nm

Enjoy your shake down sail and anchor up in Sounion Bay, in the shadow of the Temple of Poseidon who looks over the Cyclades. Have a meal aboard or in one of the beach tavernas.

DAY 3– September 30: Sounion to Kea, 15nm

Kea is a fertile and mountainous island, boasting almonds, wine and honey from its rich agriculture roots.

Visit ancient statues and sculptures or explore the Kastro quarter through narrow walkways and archways.

DAY 4– October 1: Kea to Syros, 20nm

Dotted with numerous coves, terraced farms and palm trees.

Streets are paved with marble and boast small cafes and bistros.

Explore the city hub for an evening stroll.

DAY 5– October 2: Syros to Mykonos, 15nm

DAY 6 – October 3: Mykonos (Lay Over Day)

Land Tours, Shopping, Beach Day, Archeological Ruins.

Details to follow on tour options for Mykonos.

DAY 7– October 4: Mykonos to Naxos, 25nm

The hub of ancient Cycladic civilization and location of the ruins of the Temple of Apollo.

Visit the Archeological Museum and examine the collection of marble figurines.

DAY 8– October 5: Naxos to Serifos, 42nm

White washed houses, and ancient marble towers dot this island. Chora sits high on the hill above the harbor.

DAY 9– October 6: Serifos to Kythnos, 16nm

Kythnos is least effected by tourism in The Cyclades. Walk the numerous beaches or visit curative thermal springs.

Enjoy the tavernas by the Marina or wander small winding stepped streets exploring shops and eateries.

DAY 10 – October 7: Kythnos to Vougliagmeni, 30nm

Enjoy the last port on the Athenian peninsula exploring the ruins of Temple of Apollo Zoster, or a rare geophysical formation of a sunken lake. Spend the evening watching the sunset from quaint tavernas.

DAY 11 – October 8: Vouglaiagmeni to Zea

Clean boats 0900

Disembark Boats 1000

***Itineraries are subject to change based on sea/weather conditions and anchorages
and may be adjusted based upon Trip Leaders judgment.**