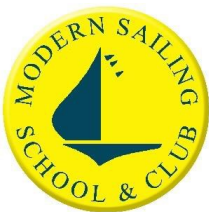


DELTA FLOTILLA

Modern Sailing Local Destinations



September 19 - 22, 2019



Modern Sailing School & Club
(415) 331-8250

Cpt. Blaine McClish
Trip Leader

Lead Boat – *Kanaloa*: Fountaine Pajot Lavezzi 40



WHAT TO BRING

Clothing

As we travel inland from the cool windy Bay to the warmer Delta, our gear and clothing requirements will change. In the evening hours, temperatures may drop again. Bring clothing to wear in layers, with lightweight warm weather clothing as your base layer.

We recommend bringing San Francisco Bay and Delta charts to reference throughout the trip. This will be especially important if you are on a boat without a chart plotter.

Bedding

Bedding is not providing by Modern Sailing, so you will need to bring your own. You may choose to bring a sleeping bag or blankets, or both. Don't forget your favorite pillow.

Suggested Packing List

CLOTHING

- quick-dry shirt / sun shirt
- shorts with zipper pocket
- sweater or fleece jacket
- foul weather gear
- deck shoes
- sailing gloves
- long pants
- hat

NON-CLOTHING

- Towel (microfiber quick-dry)
- sunscreen
- insect repellent
- polarized sunglasses (2 pairs)
- camera
- personal hygiene items
- medications
- flashlight / extra batteries
- electronics with chargers

Safety Considerations & Medication

- PFDs (life jackets) are on board the boat, however, you may bring your own if you wish.
- Check with your family doctor about possible medication interactions if you plan on taking a seasickness remedy.
- Inform us in advance of health issues or concerns.

GALLEY AND PROVISIONING

Provisioning for the lead boat will be discussed at the crew meeting and initial menus will be made for staples. If you are chartering your own boat, you will need to do your own provisioning, but feel free to ask for recommendations. Please complete your provisioning the day before departure so we are not delayed.

The first day, we will eat all meals aboard. Owl Harbor Marina is isolated – there are no restaurants or stores nearby. The second day, breakfast will be aboard at Owl Harbor and lunch will be enjoyed while under way to Benicia. Dinner can be had ashore in Benicia. The final day, breakfast ashore in Benicia or on board is optional. Lunch will be prepared and served under way en route to Modern Sailing.

The crew will decide on how many meals will be eaten ashore and provision accordingly. Food and beverage costs vary based on crews' desires. Meals will be decided upon and purchased collectively by each crew.

While galley duty is a shared responsibility, those who stow provisions can help others find stored items.

Special Dietary Needs

The skipper will consult with participants at the crew meeting in regard to advance provisioning. This is your opportunity to inform your skipper of any specific dietary needs or restrictions you may have. We can plan ahead to accommodate you. If there are unique items you desire, you will have time to purchase them during the provisioning run.

Breakfast

Breakfasts will be around 7:00AM to 9:00AM with a certain amount of flexibility depending on the daily schedule. We can feast on full course breakfasts complete with bacon, eggs, toast, et cetera, or simply enjoy granola bars, yogurt, and fruit, depending on the crew and individual desires.

The goal is to meet your needs so you will have energy to enjoy the rest of your day.

Lunches

Lunches are very casual and can consist of soup and sandwiches, veggie sticks, or snack foods. Lunch will be served under way and conditions may dictate what we have on a particular day.

Snacks

Snacks are always a very personal choice and can consist simply of chips and salsa or cheese and crackers. Fresh fruit and nuts are always good (and delicious) as they are easy snacks that help maintain energy.

Dinners

Dinners provide the most flexibility. We can choose to relax on board, cook and watch the sunset, or in Benicia, we can go ashore and discover what the town has to offer.

Dining Ashore

We have the option of eating ashore the afternoon/evening of the second day and the morning of the third day while berthed in Benicia.

Modern Sailing School & Club PROPOSED DELTA ITINERARY* September 19 - 22, 2019



The itinerary is designed around typical weather conditions in the Bay and Delta during September but may be adjusted based on conditions and weather. The Trip Leader will make prudent decisions based on wind, weather and sea state to insure a safe and enjoyable trip.

Pre-Boarding (Recommended) – Thursday, September 19: MSC Clubhouse

To make the early departure on the first day as easy as possible, Modern Sailing will allow boarding

the afternoon before the event. MSC will also provide beer, wine, snacks, and a propane BBQ grill to cook your dinner on. (Bring your own food to grill.) We will have plenty of time to socialize, but early bedtimes are encouraged as the first day of sailing will be long with an early start.

DAY 1 – Friday, September 20: Depart MSC for Owl Harbor Marina ~56nm

Departure from MSC will be around 9:30. If averaging a speed over ground of 6 knots, it is a 9.5-hour trip, making this is a long day on the water. The typical wind direction makes for beam to broad reach sailing and warm conditions for most of this leg. We will sail against a slight ebb current at the start of the trip, but by afternoon, a significant flood tide will help us along. The Delta takes us on many twists and turns on this trip, but the route up the San Joaquin River toward Stockton is a main shipping channel that is easy to follow.

DAY 2 – Saturday, September 21: Owl Harbor to Benicia Marina ~31nm

Since we break up the return trip into two legs, our Day 2 schedule will be more relaxed. We will try to get under way before 11:00 so that we are docked in Benicia in plenty of time to enjoy exploring the town. If time and conditions allow, we can cut over to the Sacramento River to experience a different view for some of the return trip.

DAY 3 – Sunday, September 22: Benicia Marina to Modern Sailing ~25nm

Once again, we will try to depart the Benicia Marina by 11:00 so we can ride the light ebb current down San Pablo Bay and pass through the Strait before the afternoon winds pick up.



**Itineraries are subject to change based on sea state and weather and may be adjusted based upon Trip Leader's judgment.*