



## **BAHAMAS – ABACOS ISLAND**

Modern Adventures Flotilla Trip

**January 2-11, 2016**



**Modern Sailing School and Club**  
(415) 331 – 8250

Michael Severson, Trip Leader  
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## THE BOAT -- Sunsail 444 Catamaran



### Number of Berths—10

*Maximum on board is 8 people, forepeak berths will not be used.*

### Number of Cabins - 4

### Number of Heads -4

### Number of Showers - 5 (includes outdoor shower)

### Engine – 2 x Yanmar 29 hp

### Length Overall – 42.5 Feet

### Beam – 23.7 Feet

### Draft – 4.2 Feet

### Sail Area – 384ft<sup>2</sup>



### Description of the Boat

- Open walk through Salon with surrounding windows
- Plenty of on-deck and below storage
- 6'7" headroom throughout
- 4 cabins with hanging lockers, storage cabinets and a double bunk that converts to two single bunks.
- Ensuite heads, with hot and cold sink and shower - large vanity and mirror.
- 2 AC power outlets in each cabin. US electrical outlets 110 v 60 cycle two prong.
- Air Conditioning
- LED lighting throughout
- Outdoor shower with hot and cold water on swim steps.
- Two quiet Yanmar 29hp engines with 2 blade fixed props and 185 gallon fuel capacity
- Raymarine instrument panel at Navigation Station and Helm with autopilot and chartplotter

### Sleeping Accommodations

- Laminate finishes with solid wood trims
- Forward double bunks convert to 2 single bunks
- Hanging locker
- Storage with shelving
- LED Reading Lamps
- Overhead roller blinds for privacy
- Bed linens and pillows included



## TRAVEL ARRANGEMENTS

Modern Adventures has arranged an itinerary on an American Airlines Block Rate of airline tickets. This rate is at a discount and takes the hassle of planning your itinerary, as we have chosen the best flight schedules. There are currently only 2 tickets available on a schedule from San Francisco International (SFO) to Marsh Harbour (MHH). Below are the ticket details:

- Cost is \$890 + taxes and fees
- Itinerary – American Airlines (1 layover in Miami)
  - o Flight 272: Departs SFO on January 1, 2016 at 11:55pm  
Arrives in Miami (MIA) on January 2, 2016 at 8:18am
  - o Flight 4409: Departs MIA on January 2, 2016 at 3:26pm  
Arrives in Marsh Harbour (MHH) at 4:22pm
  - o Flight 4409: Departs Marsh Harbour (MHH) on January 11, 2016 at 5:00pm  
Arrives in Miami (MIA) at 5:55pm
  - o Flight 275 – Departs Miami (MIA) on January 11, 2016 at 8:20pm  
Arrives at SFO at 11:17pm

To book at the Modern Adventures BLOCK RATE:

- Contact American Airlines Meeting Services Desk: (800) 433 – 1790.
- Use the following Promotion/Reservation Code: AFOYGO

Booking on your own:

- Booking Airfare will likely be about \$1300 to \$1500 per person.
- There is one flight a day from Miami (MIA) to Marsh Harbour (MHH) on American Eagle.

If you would like to use a travel agent to book your flights, we suggest Sandra Marron at Millennium travel. Her number is (415) 898-7974.

## WHAT TO BRING

### Luggage

We suggest traveling light. Your gear should fit in a medium duffel bag and small carry-on bag. Your carry-on should be less than 10 pounds – we recommend using a dry bag or backpack. Both bags should be collapsible for easy storage on boat in small space. Please do not bring bags with hard frames or rolling wheels as they are difficult to stow.

### Gear

We have found that people often only use about half of what they bring. A great way to bring only what you use is to lay all your items out and reduce it by 50%. Lay them out again and then reduce again.

Gear weight depends on weather conditions of course, but light weight clothing that is layered and wicks well to dry fast is essential. Your total gear weight should be less than 55lbs including carry-on.

Sun conditions can be very different than in San Francisco bay. You should consider lightweight clothes that cover exposed areas without adding bulk or weight. There are a variety of lightweight pants/slacks, shirts/blouses that are UV protected. Sunscreen and hats are essential.

### Suggested Packing List

<u>Clothing</u>	<u>Non-Clothing</u>
<ul style="list-style-type: none"> <li>• Quick-Dri T-shirts, sun shirt</li> <li>• Shorts w/ zipper pocket</li> <li>• Swim Suits</li> <li>• Sweater or fleece jacket</li> <li>• Windbreaker (Foul Weather Jacket)</li> <li>• Deck shoes, water shoes, Reef shoes, or sandals (they will get wet)</li> <li>• Hiking shoes for exploring beyond the shore</li> <li>• Water socks</li> <li>• Long sleeve shirt for snorkeling</li> <li>• Rain Gear for boat &amp; ashore</li> <li>• Sailing gloves</li> <li>• Extra Towel (Microfiber Quick dry)</li> <li>• Long Pants/Sun dress/sarong</li> <li>• One nicer outfit for evenings ashore</li> </ul>	<ul style="list-style-type: none"> <li>• Passport (copies)</li> <li>• Cash</li> <li>• Sunscreen</li> <li>• Insect repellent</li> <li>• Sunglasses (2 pairs)</li> <li>• Camera</li> <li>• Personal hygiene items</li> <li>• Medications with prescriptions</li> <li>• Special Dietary Items</li> <li>• Flashlight/Batteries</li> <li>• Clothes pins</li> <li>• Dry Bag &amp; Backpack</li> <li>• ZipLock bags</li> <li>• Bio-degradable soap/shampoo</li> <li>• Electronics with chargers</li> <li>• Electronic adapters for boats</li> </ul>

### What not to bring:

Different states and countries have different travel rules, regulations and considerations. If you have specific questions about an item, ask us. Some general items you should **not** bring are illegal drugs, weapons, hair dryers, expensive jewelry, pets, rigid suitcases, surf boards (it has happened), fireworks and dive tanks.

Linens, towels and pillows are provided on boat and not necessary to bring.

### Considerations

There are lifejackets on board the boat, however, you are more than welcome to bring your own.

The charter base will have a variety of snorkel gear and equipment to choose from. These items are included in the cost of the trip. Again, you are more than welcome to bring your own. Keep in mind that these items tend to be bulkier and heavier. A reasonable compromise may be to bring your own mask and snorkel and use the fins provided on board.

## WEATHER

Weather in the Bahamas is grand! Average day time temperatures in January for the Bahamas is 71F degrees. Evening temperatures drop down to mid 50's. Bring a sweater or fleece. Winds are 10-15 knots during the day and settle in the evening. The chance of rain is possible and showers should be expected in late afternoon. Humidity can rise if temperatures go above the 75F degree range, but sea breeze at night usually means the evenings cool off. And all boats have air conditioning with individual controls in each cabin.



## PROVISIONING AND GALLEY



**Open Galley** - easy access and storage

**Corian galley worktop surfaces**

**Fridge / Freezer** – 2 drawer, front-opening

**56 gal / 212 L 12v refrigeration**

**Force 10 gas cooker 3-burner with oven & broiler**

**Separate garbage bin locker with top access**

Partial provisioning is included in the trip cost: on-board breakfasts, lunches, snacks and one meal on board. Each Club Skipper will work with the participants to select items for individual tastes on board. This allows us to not only do basic provisioning prior to departure of the trip, but also have it delivered to the boats. This minimizes the amount of preparation we will need to do at the beginning of the trip.

Additional provisioning for perishable and personal items will be done before departure. This is also an opportunity to plan for additional group dinners on board. The cost for these is split between everyone. There are two large chain Supermarkets in Marsh Harbour, both a short taxi ride from the base. We will arrange time before departure for participants to go to the store as a group. It is a great bonding experience to wander through a grocery store and see what specialty items they have. There will be opportunities to provision other necessities enroute at small stores in various villages.

Modern Adventures recognizes that people have different experiences and tastes in personal beverages (alcohol) and provisioning time will be provided for members to make their own purchases.

One or two crew members are assigned to stowing the provisioning items. This does not mean they will have galley duty the whole trip, but will help guide others to find items without unpacking everything.

### **Special Dietary Needs**

Club Skippers will be consulting with participants regarding partial provisioning. This is your opportunity to let us know if you have specific dietary needs or restrictions. We can plan ahead to accommodate you. If there are unique items you desire you will have time to purchase them during the provisioning trip.

### **Breakfast**

Breakfast will be around 8:00 each day and is flexible based on the group / individual desires. We have enjoyed full course breakfasts, complete with bacon, eggs, etc. We have also enjoyed granola bars and fruit. The goal is to meet your needs so you can enjoy the rest of your day.

### **Lunches**

Lunches are very casual with no set schedule. They can be soup and sandwiches, or veggie sticks, or something in between. Lunch is often served under way and conditions may dictate what we have on a particular day. If

the crew is an agreement, and a nice lunch spot is found, we can dingy to a meal ashore or picnic on the beach.

### **Snacks**

Snacks are always a very personal thing and whatever the crew desires. Sometimes they can be chips and salsa, or cheese and crackers. Fresh fruit and nuts are always good (and delicious) as they are easy snacks and help maintain energy.

### **Dinners**

Dinners provide the most flexibility. We can choose to relax on board, cook and watch the sunset, or go ashore and sample the local culture and cuisine. When we make provisioning plans, one dinner meal on board is included in the partial provisioning. This is just in case we find a secluded anchorage and decide not to move, but enjoy the peace and serenity. Additional group dinners

### **Dinner Ashore**

If we choose to go ashore in the evening, meal costs will be the responsibility of each person. Usually most establishments will be willing to split checks. Be sure to carry some cash with you as small “mom & pop places” are sometimes on a cash only basis.

### **Perishables**

Over the years, I have discovered that some items do not particularly like a marine environment and seem to have a very short shelf life. We will try and anticipate and get the fewest possible perishables and restock in route. Often times we come across fresh fish on the docks, or open markets. There is something special and nothing as delicious as fresh seafood caught that very day.

## **PROPOSED ITINERARY**

Abaco Sea is in the Northern Bahamas and is Level 1 (easy sailing). You can anticipate visual navigation between all destinations with well protected shallow bays providing easy mooring or anchoring. We will be sailing for 8 of the 10 days with one day layover mid trip. Each day we sail between 5 and 25 nautical miles and anticipate a four to six hour leg between destinations. We will be visiting a variety of cays with beautiful snorkeling and most nights anchored a short dinghy ride from a local village with a variety of restaurants and entertainment venues. There will be many opportunities to snorkel, swim and paddle board every day. There will be opportunities for doing land tours and diving trips through local companies.

### **Additional Questions**

If there are more questions you may have that we have not quite answered please drop us an email. Looking forward to a Great Sailing Adventure in the Bahamas.

**For additional questions contact Michael at 530-304-0662, or [michaels@modernsailing.com](mailto:michaels@modernsailing.com)**

## DETAILED PROPOSED ITINERARY

### **DAY 1 - January 2, Marsh Harbour**

Check in on boats – at 5pm

Welcome reception

Restaurants: Curly Tail, Wally's Jib Room, Mangoes, Golden Grouper, Angler's.

### **DAY 2 - January 3, Marsh Harbour to Man O' War Cay (4nm)**

Provisioning – the crew will do this in the morning

Boat Check Out – for skipper and first mate

Underway by 2pm

Restaurants Ashore: Nippers, Harbours Edge, CapnJack's, Seaspray, Grabbers, Queens Hideaway

### **DAY 3 - January 4, Man O' War Cay to Great Guana Cay (8nm)**

Restaurants: Curly Tails, Harbour's Edge, Lubber's Landing

### **DAY 4 - January 5, Great Guana Cay to Green Turtle Cay (12nm)**

Restaurants: Wally's, Bluff House

### **DAY 5 - January 6, Green Turtle Bay to Treasure Cay (24nm)**

Early Departure Day 0900

Join us on the beach for a hosted beach BBQ

### **DAY 6 and 7 - Treasure Cay (Lay Over Day)**

Restaurants: Treasure Sands Club, Café La Florence, Coco Beach Bar and Grill, Bahamas Beach Club, A touch of class, Spinnaker Restaurant

Tours / Diving / Snorkeling Trips Available

### **DAY 8 - January 8, Treasure Cay to Hope Town (18nm)**

Restaurants: Nippers, Harbours Edge, CapnJack's, Seaspray, Grabbers, Queens Hideaway

### **DAY 9 - January 9, Hope Town to Little Harbour (20nm)**

Restaurants: Sunset Grill , Pete's Pub

### **DAY 10 - January 10, Little Harbour to Elbow Cay (24nm)**

Early Departure Day 0900

Dinner on Boat or on Beach

### **Day 11 - January 11, Elbow Cay to Marsh Harbour (4nm)**

Boats back at base

Departure from boats at 10:00

Transport to airport at 12:00 Plane departs at 3:00